

# Sex Addicts Anonymous South Africa

## National Yearly Retreat: Pillar of Meetings

6 – 8 June 2025



Times are given in South African Standard Time (SAST).  
International guests, please be sure to check your local times accordingly.

Please remember to have a pen and paper with you.

### Friday, 6 June 2025 (Zoom only)

Time	Item
18:45	<b>Greeting &amp; discussion:</b> Greetings and opening of the retreat on Zoom. Quick shares of previous retreats, what attendees took away from them and what they hope to take away from this one ( <i>Zoom only</i> )
19:00	<b>Speaker 1: Michael B</b> ( <i>Zoom only</i> )
19:30	Speaker 1 Q&A ( <i>Zoom only</i> )
19:50	Break ( <i>Zoom only</i> )
20:00	<b>Speaker 2: David W</b> ( <i>Zoom only</i> )
20:30	Speaker 2 Q&A ( <i>Zoom only</i> )
21:00	End of day 1 ( <i>Zoom only</i> )

### Saturday, 7 June 2025

Time	Item
09:00	<b>Speaker 3: Mark E</b>
09:30	Speaker 3 Q&A
09:50	Break
10:00	<b>Speaker 4: Gerrit vdB</b>
10:30	Speaker 4 Q&A
10:50	Break
11:00	<b>Speaker 5: Jon W</b>
11:30	Speaker 5 Q&A
12:00	Lunch
13:00	<b>Speaker 6: Peter C</b>
13:30	Speaker 6 Q&A
14:00	Walk up Silverhurst trail, with a max 30-minute meditation (particulars of meditation tbc) ( <i>Cape Town in-person venue only</i> )

15:30	Break <i>(Cape Town in-person venue only)</i>
15:40	<b>Anthony S &amp; Jon W: Announcements &amp; call to service</b>
16:00	<b>Speaker 7: Will F (USA)</b>
16:30	Speaker 7 Q&A
17:00	End of day 2

## Sunday, 8 June 2025

Time	Item
09:00	<b>Speaker 8: Bronson T</b>
09:30	Speaker 8 Q&A
09:50	Break
10:00	<b>Speaker 9: John F (France)</b>
10:30	Speaker 9 Q&A
10:50	Break
11:00	<b>Discussion:</b> Take aways from the retreat, interactive shares from attendees on the key elements they wish to take to their home groups for implementation
12:00	End of retreat